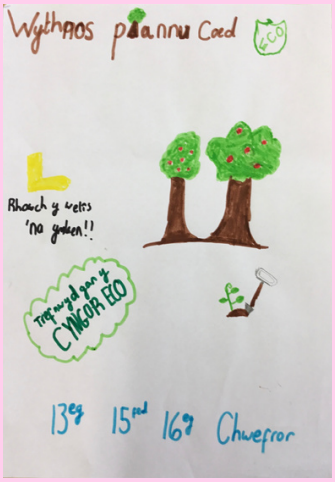
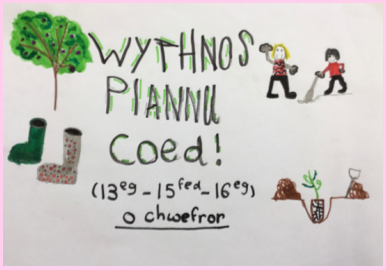
10.02.23

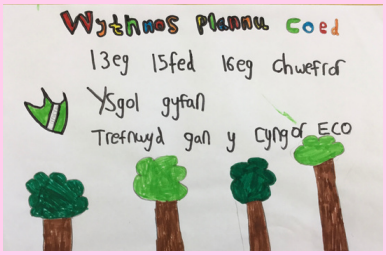
CYLCHLYTHYR YSGOL DEWI SANT

CYLCHLYTHYR WYTHNOSOL I DEULUOEDD YR YSGOL
WEEKLY FAMILY NEWSLETTER









Mae'r Cyngor Eco wedi trefnu wythnos Plannu Coed yma yn Ysgol Dewi Sant wythnos nesaf i'r holl ddisgyblion. Mi fydd y disgyblion yn brysur yn plannu coed o gwmpas tir yr ysgol. Ewch draw i'n cyfryngau cymdeithasol i gael y wybodaeth ddiweddaraf a'r holl luniau!

The Eco Council have arranged for all the pupils to take part in planting trees next week here at Ysgol Dewi Sant. The pupils will be busy planting trees around the school ground. Go over to our social media accounts for all the pictures and updates.

Plant Meithrin wedi darganfod arwyddion Y Gwanwyn ar dir yr ysgol.

Meithrin pupils have discovered signs of the spring at Ysgol Dewi Sant!



DILYNWCH NI.... @YsgolDewiSant

FOLLOW US..... @Ysgoldewisant

@YsgolDewiSant

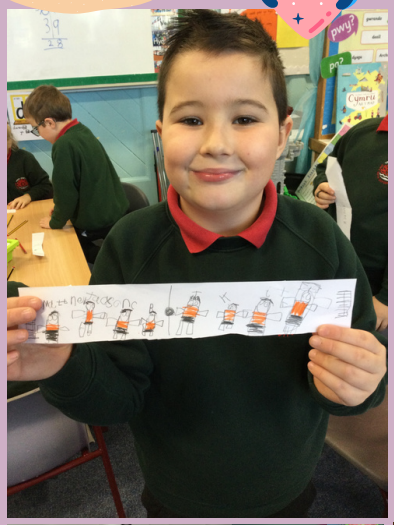
WYTHNOS IECHYD MEDDWL PLANT

CHILDREN'S MENTAL HEALTH WEEK



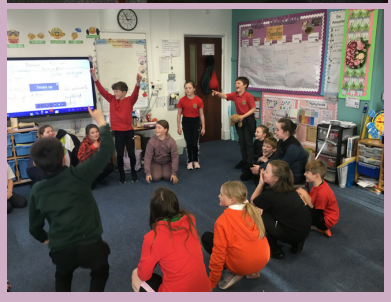
Mae'r plant wedi bod yn cymryd rhan mewn amrywiaeth o weithgareddau wythnos yma er mwyn tynnu eu sylw at ymgyrch Iechyd Meddwl Plant.

The children have taken part in a variety of different activities this week to draw their attention to the topic of Children's Mental Health.



















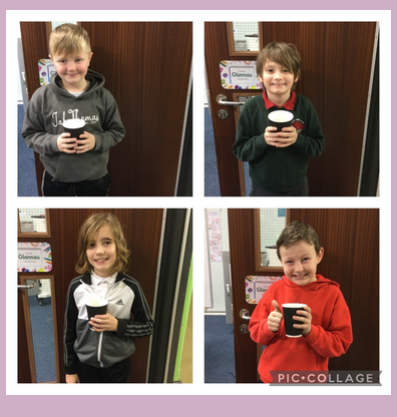
















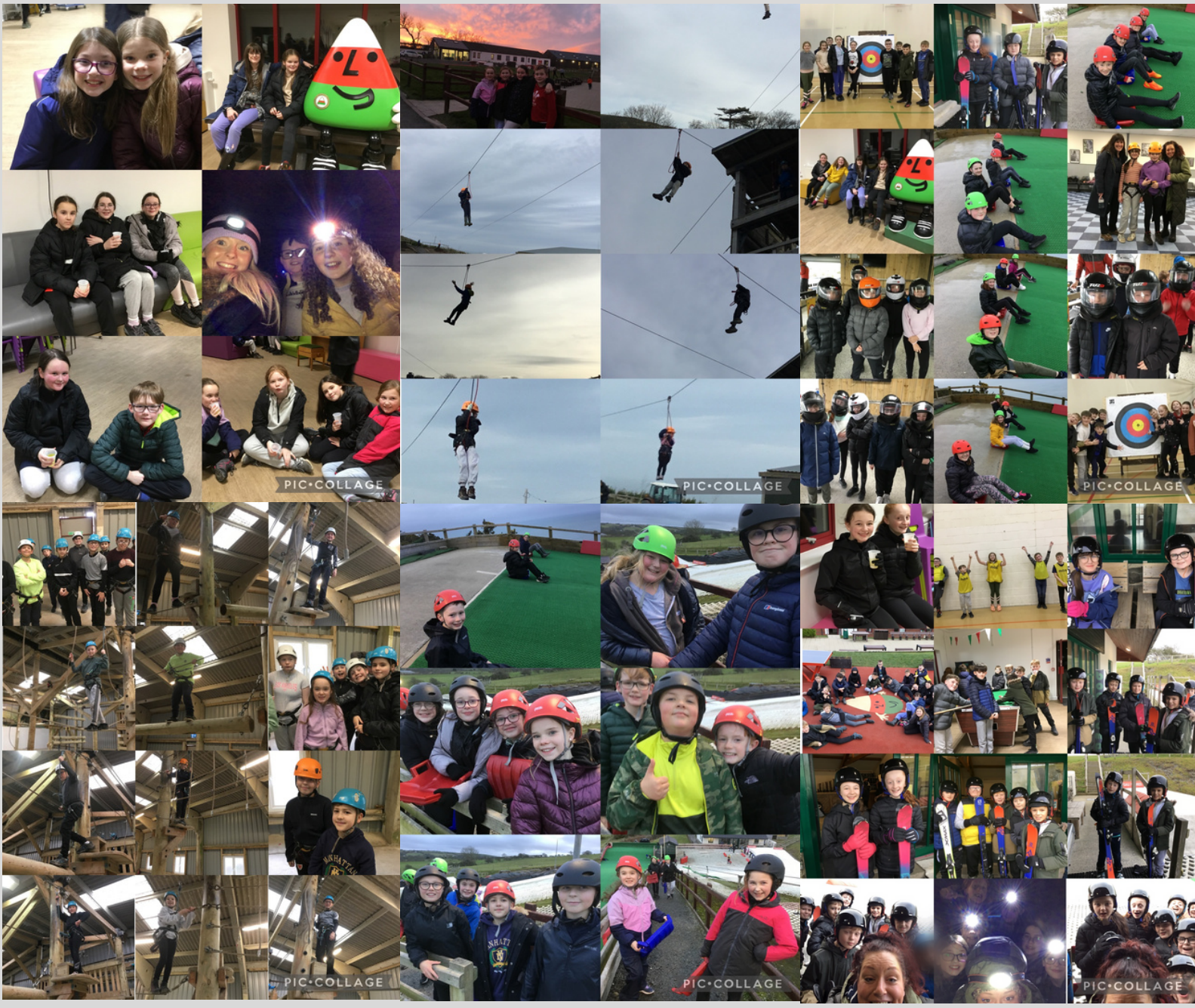


LLANGRANNOG

Urdd

Cafodd B16 amser anhygoel yn Llangrannog wythnos diwethaf. Cawsant y cyfle i gymryd rhan mewn amrywiaeth o weithgareddau gwahanol llawn hwyl a sbri.

Yr 6 had an amazing time in Llangrannog last week. They had the opportunity to take part in a variety of diferent activities that were full of fun.









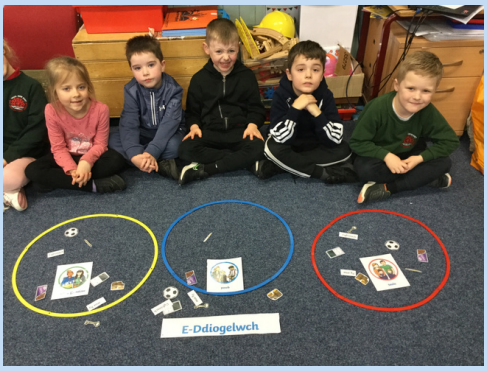



Dosbarth Gwalia wedi mwynhau ymweliad gan Islwyn Jones a'i dylluanod o Pen y Bryn Falconry fel rhan o'n gwaith prosiect. Diolch yn fawr iawn i Islwyn am y brofiad gwych!

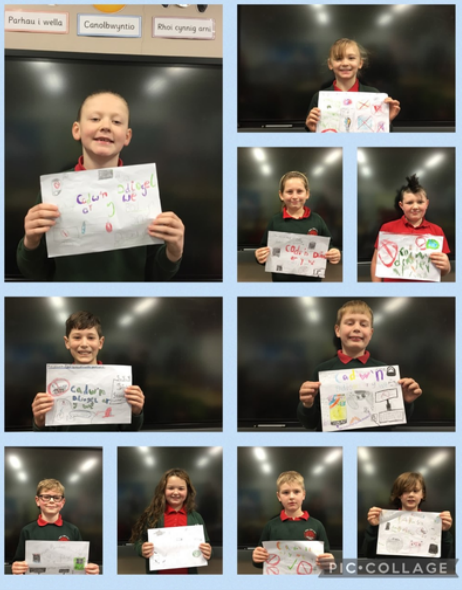
Gwalia class enjoyed their visit from Mr Islwyn Jones and the owls from Pen y Bryn Falconry as part of their project work. Thank you very much to Islwyn for the amazing experience!



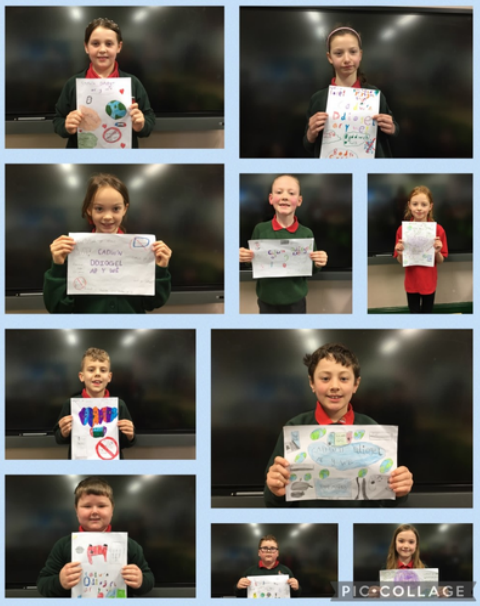

Mae dosbarth Bryn Cwnin a Gwalia wedi bod yn brysur yn dysgu am e-diogelwch wythnos yma.







Bryn Cwnin and Gwalia classes have been busy learning about internet safety this week.



Ysgol yn cau - 17.02.23 - School Closes

Ysgol yn ail-agor - 28.02.23 - School re-opens

EXTREME COUPONING AND BARGAINS UK

KIDS EAT OUT FOR LESS

FEBRUARY HALF TERM 2023

Morrisons - Kids under 16 eat for free at Morrisons Café when an adult spends £4.99 or more on a meal.

ASDA Kids Free Hot Breakfast Between 8am-12pm every day during Half Term no purchase necessary.
Kids Eat for £1 with no purchase necessary until end of March 2023

Bella Italia - Kids Eat for £1 when an adult purchases a main meal between 4pm-6pm at Bella Italia.

Dunelm - Kids Eat for Free at Dunelm when an adult spends £4 or more at Pausa Cafe.

YO Sushi - Kids Under 10 Eat for Free at YO Sushi Between 13th - 24th Feb when an adult spends £10 or more.

Dobbies -Kids Eat for Free at Dobbies Garden Centre Cafes when an adult purchases a main meal.

Sizzling - Kids Eat for £1 at Sizzling Pub and Grill when an adult meal is purchased.

Hungry Horse - Free Kids Breakfast at Hungry Horse Pubs when an adult spends at least £3.49.

Farmhouse Inns - Kids Eat For £1 when you sign up to receive their email newsletter on their website.

IKEA - Pasta with Tomato Sauce and a soft drink for 95p or any other Kids Meal for £1.50. Available every day from 11am in their restaurants.

Beefeater, Brewer's Fayre & Table Table -Two kids under 16 eat breakfast for FREE with every adult breakfast purchased.

INFORMATION CORRECT AT TIME OF POSTING

MAE TEULUOEDD YN GYNTAF A DECHRAU'N DEG YN EICH GWAHODD CHI I

Amser Hwyl i'r Teulu

Gwybodaeth am wasanaethau ar gael

Gweithgareddau Hwyliog a Chreadigol



Gweithgareddau

- Chwarae blêr
- Celf a Chrefft
- Chwarae Meddal
- Paentio Wynebau
- Amser Rhigwm Dechrau Da
- Cinio am ddim
- A mwy...

Mae'n rhaid archebu lle

Canolfan Hamdden Rhyl
Dydd Mercher, 22 Chwefror 2023
10:00am - 2:00pm

Canolfan Hamdden Rhuthun
Dydd Iau, 23 Chwefror 2023
10:00am - 2:00pm



Am fwy o wybodaeth
e-bostiwch:
joanne.evans@sirddinbych.gov.uk
Ffôn / neges destun 07879 115233.

Teuluoedd yn Gyntaf Families First · Dechrau'n Deg Flying Start · GIG CYMRU NHS WALES Bwrdd Iechyd Prifysgol Betsi Cadwaladr University Health Board

Find us on facebook. www.facebook.com/Familiesfirstandflyingstart/

FAMILIES FIRST & FLYING START INVITE YOU TO

Family Fun time

Informaton on services available

Fun & Creative Activities



Activities:

- Messy play
- Arts & Craft
- Soft play
- Face painting
- Bookstart Rhymetime
- Free lunch
- and more....

Booking essential

Rhyl Leisure Centre
Wednesday 22nd February 2023
10:00am - 2:00pm

Ruthin Leisure Centre
Thursday 23rd February 2023
10:00am - 2:00pm



For more information:
Email:
Joanne.evans@denbighshire.gov.uk
Call/text 07879 115233

Teuluoedd yn Gyntaf Families First · Dechrau'n Deg Flying Start · GIG CYMRU NHS WALES Bwrdd Iechyd Prifysgol Betsi Cadwaladr University Health Board

Find us on facebook. www.facebook.com/Familiesfirstandflyingstart/

BIKEABILITY LEFEL 3



DYDD LLUN 20FED
CANOLFAN HAMDDEN RHUTHUN
1-4PM

DYDD MAWRTH 21AIN
NOVA
10-1PM

OED 11+

DYDD IAU 23AIN
CANOLFAN HAMDDEN DINBYCH
1-4PM

DYSGWCH SUT I:

- Seiclo ar ffyrdd cymleth
- Eistedd yn gywir
- Seiclo ar ffyrdd gyda nifer o lonydd



I archebu lle, e-bostiwch:
ActiveCommunities@denbighshireleisure.co.uk
* Sylwch, er mwyn cwblhau'r cwrs hwn mae'n rhaid eich bod wedi cwblhau'r hyfforddiant Lefel 1 a 2
*Rhaid i bawb sy'n cymryd rhan gael beic a helmed

BIKEABILITY LEVEL 3



MONDAY 20TH
RUTHIN LEISURE CENTRE
1-4PM

TUESDAY 21ST
NOVA
10-1PM

AGES 11+

THURSDAY 23RD
DENBIGH LEISURE CENTRE
1-4PM

LEARN TO:

- Ride on complex roads
- In the best position
- Ride on multi-lane roads



TO BOOK A PLACE, PLEASE EMAIL:
ACTIVECOMMUNITIES@DENBIGHSHIRELEISURE.CO.UK
* Please note, in order to complete this course you must have completed the Level 1 & 2 training
*All participants must have a working bike and helmet



BETH AM CHWARAE ALLAN - HANNER TYMOR MIS CHWEFROR





Mae'r sesiynau yn addas i blant 6 i 12 oed.
(Mae croeso i blant dan 6 oed, ond mae'n rhaid i oedolyn fod gyda nhw)

Mae'r sesiynau'n cael eu harwain gan blant, felly maen nhw'n dewis beth maen nhw eisiau ei wneud a pha offer maen nhw am ei ddefnyddio.

Mae'r sesiynau'n rhai mynediad agored, sy'n golygu bod rhyddid i blant fynd a dod.

Os oes angen cymorth ychwanegol ar eich plentyn i gael mynediad i'r sesiwn,cysylltwch â'r tîm Ceidwaid Chwarae play@denbighshire.gov.uk

Lleoliadau'r Sesiynau-

Ariennir gan **Lywodraeth Cymru**
Funded by **Welsh Government**

sir ddinbych denbighshire Cyngor County Council







LETS PLAY OUT FEBRUARY HALF TERM



Sessions are suitable for children aged 6 - 12
(Under 6's are welcome but must be accompanied by an adult)

Sessions are child led, so they choose what they want to do and what equipment they want to use.

Sessions are open access, meaning that children can come and go.

If your child requires additional support to access the session. Please get in touch with the Play Ranger team play@denbighshire.gov.uk

Session information and locations:



Ariennir gan **Lywodraeth Cymru**
Funded by **Welsh Government**

sir ddinbych denbighshire Cyngor County Council

Cyngor Sir Ddinbych
cyswllt teulu family link
Denbighshire County Council

DEALL EICH PLENTYN
UNDERSTANDING YOUR CHILD
SOLIHULL APPROACH

Deall eich plentyn - Cwrs poblogaidd am ddim

Mae hon yn ffordd bleserus, sefydledig sydd wedi hen ennill ei blwyf i ddeall mwy am eich plentyn. Mae 'deall eich plentyn' ar gyfer mamau, tadau, neiniau a theidiau a gofalwyr. Mae rhieni yn aml yn dweud eu bod nhw'n teimlo'n yn fwy hyderus ac yn cael perthynas well gyda'u plentyn. Datblygwyd y cwrs yn y GIG ynghyd ag ymarferwyr rheng flaen.

Mae'r Cwrs yn cynnwys

Ymateb i sut mae'ch plentyn yn teimlo.

Sut mae eich plentyn yn datblygu.

Arddulliau gwahanol o fagu plant.

Sut mae'ch plentyn yn cyfathrebu.

Deall ymddygiad eich plentyn.

Cwsg, hunandysgyblaeth a dicter.

- Mae sesiynau ar agor i rieni yn ardal Y Rhyl
- Cynhelir sesiynau yn Ysgol Dewi Sant 9.30yb –11.30yb bob dydd Iau gan ddechrau ar: Chwefror y 16eg am 9 wythnos

Mae'n bwysig mynychu pob sesiwn

Am wybodaeth bellach, cysylltwch â Gweithiwr Cyswllt Teulu

Hayley – 07881008375 Dani- 07827086586

Addysg Gynnar
Early Education

Cyngor Sir Ddinbych
cyswllt teulu family link
Denbighshire County Council

Sganiwch y QR cod isod i gael mynediad i'n tudalen Facebook.

Please scan the QR code below to access our Facebook page.

https://www.facebook.com/groups/1282031981988222/

sir ddinbych denbighshire
Cyngor County Council

UNDERSTANDING YOUR CHILD
SOLIHULL APPROACH

Understanding your child – Free popular course

This is an enjoyable, well-established and trusted way of understanding more about your child. 'Understanding your child' is for mums, dads, grandparents and carers. Parents often say they feel calmer, more confident and have a better relationship with their child. The course was developed in the NHS together with frontline practitioners.

The course covers

Responding to how your child is feeling

How your child develops

Different styles of parenting

How your child communicates

Understanding your child's behaviour

Sleep, self-regulation and anger

Cyngor Sir Ddinbych
cyswllt teulu family link
Denbighshire County Council

- Sessions are open to parents in the Rhyl area
- Sessions will be held in Ysgol Dewi Sant from 9.30am-11.30 am every Thursday starting on:

February 16th for 9 weeks

It is important that all sessions are attended

For further information, please contact Family Link Workers

Hayley-07881008375 Dani-07827086586

HWYL HANNER TYMOR

PROFESSOR LLUSERN



- **Sioe hud a lledrith // Magic Show**
- **Gwaith celf a creu bathodyn // arts and crafts and make your own badge**

£2 Y PLENTYN // PER CHILD

Dydd Iau // Thursday - 23/2/23:

Scala Prestatyn: 10:45am - 12pm

Rhaid cofrestru o flaen llaw / advance Booking required

gwion@misirddinbych.cymru

Rhaid i rieni / gwarchodwr fod yn bresennol gyda'u plant
Parents / guardians must accompany children

Please note that this activity will be through the medium of Welsh.

Menter Iaith Sir Ddinbych CYMRAEG

ELUSEN GOFRESTREDIG: 1120223