# WEEK 1

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| Salmon Fish Star 10,14 | Creamy Chicken Tagliatelle 13, 14 | Beef Bolognese Pasta Twists 14 | Roast Pork Apple Sauce and stuffing | Chicken Burger in a bun 14 |
| Swedish Veggie Bites and Gravy 14 | Margarita Pizza 13, 14 | Five Bean Hot Pot | Creamy Vegetable Pie 13, 14 | Glamorgan Sausage 2,13,14 |
| Creamed Potatoes | Garlic and Herb New Potatoes | Homemade Bread 12,13,14 | Roast Potatoes Gravy | Chips |
| Country Veg Sweetcorn | Peas Mixed Salad | Sweetcorn Broccoli | Fresh Carrots Cauliflower | Carrot And Cucumber Sticks Coleslaw |
| Fresh Fruit or Yoghurt 13 | Homemade Shortbread and Fruit Milk 13,14 | Fresh Fruit or Yoghurt 13 | Apple and syrup sponge with custard 12,13,14 | Fresh Fruit or Yoghurt 13 |

FRUIT YOGHURT WITH A SELECTION OF FRUIT WEDGES OR WHOLE FRUIT AVAILABLE DAILY

Also a choice of Filled Jacket Potato or a Sandwich are AVAILABLE DAILY



# WEEK 2

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| Sticky BBQ Chicken 10,14 | Penne Pasta Arrabiata 14 | Beef Chilli | Roast Turkey Stuffing 14 | Fish Burger 10,14 |
| Cauliflower and red lentil Dahl | Sausage Pizza 11,12,13,14, | Macaroni Cheese 13,14 | Roast Vegetable Tart 12,13,14 | Cheese and Onion Slice 12,13,14 |
| Boiled rice | Garlic Bread 12,13,14 | Savoury Rice Herby Bread 12,13,14 | Roast Potatoes Gravy | Seasoned Wedges |
| Sweetcorn Garden Peas | Mixed Salad Rainbow Coleslaw 11 | Carrot & Cucumber Sticks Cherry Tomatoes | Seasonal Greens Fresh Carrots | Baked Beans |
| Fresh Fruit or Yoghurt 13 | Apple and Cinnamon Flapjack 11,14 | Fresh Fruit or Yoghurt 13 | Chocolate and Orange Saucy Pudding 12,14 | Fresh Fruit or Yoghurt 13 |

FRUIT YOGHURT WITH A SELECTION OF FRUIT WEDGES OR WHOLE FRUIT AVAILABLE DAILY

Also a choice of Filled Jacket Potato or a Sandwich are AVAILABLE DAILY



# MENU 3

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| Big Breakast 7,11,12,13 | Chicken Korma 11 | Lasagne 13,14 | Roast Chicken Fillet, Stuffing and gravy 14 | Battered Fillet of fish 10,14 |
| Welsh Rarebit 2,12,14 | Pesto Pasta Homemade Bread 11,12,13,14 | Creamy Broccoli Bake 13,14 | Sage and Onion Loaf 13,14 | Vegetable Burger In a bun 14 |
| Potato Waffle | Pilau Rice | Garlic Bread 12,13,14 | Creamed Potatoes | Chips |
| Baked Beans Grilled Tomato | Peas and Sweetcorn | Mixed Salad Coleslaw 12 | Fresh Carrots Broccoli/Cauliflower | Peas Tomato salsa |
| Fresh Fruit or Yoghurt 13 | Oaty Fruit Cookie 14 | Fresh Fruit or Yoghurt 13 | Fruit Crumble and Custard 13,14 | Fresh Fruit or Yoghurt 13 |

FRUIT YOGHURT WITH A SELECTION OF FRUIT WEDGES OR WHOLE FRUIT AVAILABLE DAILY

Also a choice of Filled Jacket Potato or a Sandwich are AVAILABLE DAILY

